PERSONAL INFORMATION

Lorenzo Alberti

D.O. - M. Ost



- Address | via Cesena, 40 00182 Roma
- ☐ Telephone | +39 3423421178
- Mail | osteopatiafacile@gmail.com

Sex Male | Date of Birth 06/12/1996 | Nationality Italian

PROFESSIONAL ACTIVITIES August - September 2020

Osteopath at Giro d'Italia Under 23 – edition 43

Collaboration with Aran cucine Vejus Team

- Osteopath
- Trainer supporter
- Massage therapist
- Team supporter

13-23 June 2019

Osteopath at Giro d'Italia Under 23 – edition 42

Collaboration with Aran cucine Vejus Team

- Osteopath
- Medical staff
- Massage therapist
- Team supporter

June 2019

Osteopath at INBA/PNBA Championship Natural Bodybuilding

Collaboration with Csenatural Body Italia Antonino Sergi - Loutraki, Greece

- Osteopath
- Medical staff
- physical supporter

EDUCATION

2015 - 2020

2020 - 2021 Master Degree in Osteopathy

M.Ost in osteopathic medicine – Nescot

ICOM Napoli (International College Of Medicine)

Five years full time in the clinical college of Naples – Riviera di Chiaia 202

2009 - 2015 High school graduation

Liceo Scientifico Carlo Pisacane - Sapri

TRAININGS

December 2021

Lymphatic drainage massage

Fitnessway (Aim)

June 2020 Nutrition and the immune system

Phytoitalia Sud

Interaction of nutrition with the immune system

March 2019 Kinesiotaping course

Kinesiotape specialization course

- Kinesiotape application
- Kinesiotape techniques
- Kinesiotape bandage

November 2018 BLS Basic Life Support

- Life support in different condition
- Cardiac massage
- Heimlich manoeuvre

November 2017 **Nutrition and osteopathy course**

Phyto Italia Sud

Correlation between nutrition and osteopathy

VOLUNTARY WORK

November 2019 "Holly and Benji" event

Osteopathic intervention on over 30 football team

Osteopathic consultation

April 2019 Osteopathic stand "Tennis and friends"

Event support stand, lungomare Caracciolo, Neapolis

Osteopathic demonstration

December 2018 Osteopathic demonstration at dance academy Poerio Piterà

Partnership with dance academy Poerio Piterà, Via Antonio de Curtis, Marano di Napoli

Osteopathic demonstration

May 2018 Osteopathic demonstration at dance academy Poerio Piterà

Partnership with dance academy Poerio Piterà, Via Antonio de Curtis, Marano di Napoli

Osteopathic demonstration

May 2018 Animal dissection

Interactive extra lesson

- Guided dissection
- Interactive anatomy lesson

May - June 2018 Collaboration with Canottieri Napoli waterpolo

Last part of Italian championship

- Osteopath
- Medical staff

March - April 2018 Collaboration with Cus Napoli

Under 12 volleyballs

- Osteopath
- Trainer supporter

LANGUAGES					
Mother tongue	Italian				
Other languages	COMPREHENSION		SPEAKING		WRITING
	Listening	Reading	Speech interaction	Speech	
English	C1	C1	C1	B2	B2
	LRN certificate (2019)				

PROFESSIONAL ASSOCIATION 2021

> **General Osteopathic Council** Registration number: 11272 November 2021